**Join the “Ability Club”**

**A Social and**

**Educational Club**

**For People with disabilities to develop their abilities!**

**Keep up on learned skills, learn new skills and make new friends**

**Free Introductory Open House**

**Wednesday Jan 8 from 7:00-9:00**

**For all interested students and their families.**

**At the Ability & Choice Services facility**

**Located at 3855 S. 500W.**

**South Salt Lake, Ut 84115**

**Questions directed to Sharene Lloyd 801-712-5021**

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Parent Letter for Ability Club.

The ability Club is designed to help people with disabilities find friendship, and continued learning.

**We use:**

**Money** **math** to help student with a hands on experience to learn :

Money Values

Addition and Subtraction

Counting Skills

Verbal Skills (counting out loud)

**Social skills** as we share the events of their week. Students want to be heard. They want to share what is happening in their lives. They want others to share in their life happenings.

**Journal writing skills** help develop thinking, remembering, and physically develop motor skills in the writing process. Those who can write for themselves learn to put their thoughts on paper. Those who are less able can share their thoughts as the aides write for them.

**Play writing** is another fun way to get the students to think and write in a creative way. They love performing puppet shows and participating in plays.

**Music** is also a big part of life. We encourage the students to choose songs that we can learn and perform in a yearly production.

**Nutrition and healthy cooking** are encouraged as we take a basic recipe and learn how to make it with less sugar and fat. (We also encourage celebrating birthdays and holidays with healthy alternatives.)

**Art, and creativity** is something that most people with disabilities really enjoy. Most people love to be able to create something that they can show to family and friends. We allow the students to choose activities that they enjoy doing.